

مودة | mafs

جمعية مودة للاستقرار الأسري
MAWADDAAH ASSOCIATION FOR FAMILY STABILITY



Mawaddah Programs

Post-Divorce Rehabilitation Sessions Program For Children

Divorce represents a pivotal and impactful experience in children's lives, leading to deep changes in their daily routines and their sense of safety and stability. Although many children may eventually adapt to these changes over time, a significant number of them face long-term psychological and social challenges that can affect their emotional and behavioral health.

This highlights the need to design a program that helps children successfully adapt to life after divorce, ensuring they continue to grow emotionally and socially in a healthy way, while minimizing any long-term negative effects.

Program Importance

- Provide specialized psychological support to children affected by divorce to help alleviate psychological stress and adapt to the current family situation.
- Develop skills for dealing with negative emotions resulting from the divorce.
- Improve communication between children and parents after divorce.
- Strengthen social support through support groups, introducing children to others with similar experiences.

Program Challenges

Societal stigma and the negative perceptions imposed by the community

Reaching the target group that matches the defined criteria

Varied reactions from children post-divorce and differing emotional and psychological needs

Rehabilitation Tracks for the Program

The program consists of a series of dedicated sessions and activities that include individual and group sessions, as well as sessions in which one of the parents participates. These sessions are managed by child mental health specialists and social counselors to rehabilitate (15) children with an average of (14) rehabilitation hours in the following tracks:

Trauma recovery	Emotion management	Building self-confidence
Focusing on stability	Adapting to the new life	Training one of the parents on emotional support
Awareness of changes in family roles	Support groups	

Target Group

Children of Divorced Women

From 6 to 9 years old
From 10 to 12 years old

Performance Indicators

Submitting the detailed final report of the program

Success story samples of the program's children beneficiaries

Evaluation report of the children's performance level

Program Sustainability

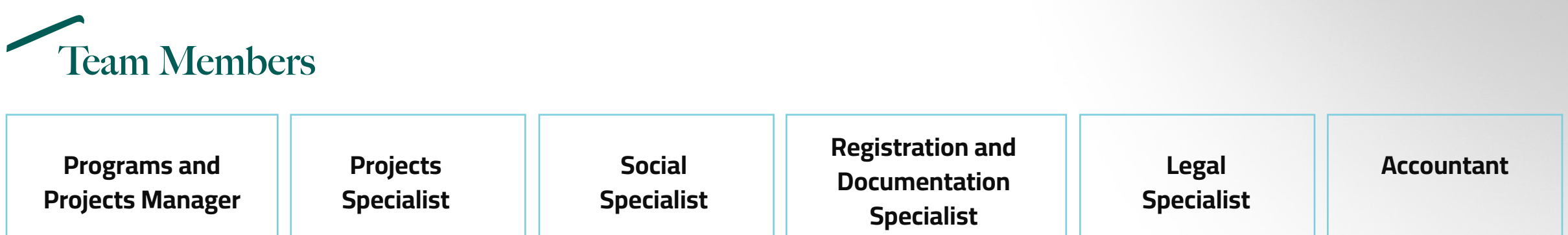
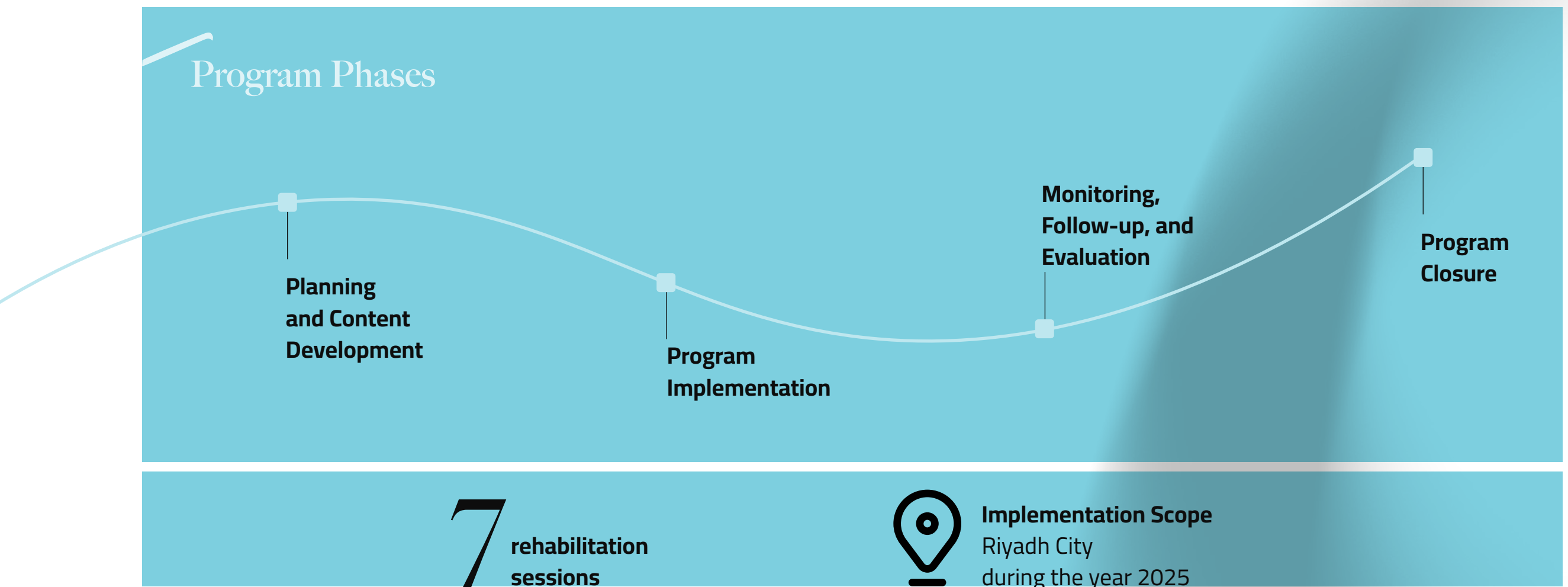
Attracting sponsors, donors, and companies to continue implementing the program

Allocating a specific budget for annual program execution

Program Achievements

663

women were rehabilitated by 2024.
The program was launched in its first phase starting from 2014



Risk Management Solutions for the Program

